

SSC01 Social Care

Objectius

When care services are being developed, they are planned for groups of people who have the same type of problems of similar needs, for example older people (65+), disabled people (all ages)...

There occasions when people have a need for a care service, but they are unable to get it. Some of the most common "barriers" to obtaining health care services are: language, financial, resources, geographical, cultural, physical and psychological barriers

The information in this activity will help you to understand how and why physical and emotional health is measured

The following are the main points that you should have learnt from the unit

- People need care in old stages of life
- Health problems associated with stress are anxiety and depression
- A number of barriers can prevent people from obtaining the care they need
- Direct care workers usually specialize in a particular area of care work, such as nursing social work or childcare
- The term well-being refers to the way people feel about themselves. Having friends feeling confident, being in control and having access to warmth and shelter are important factors in well-being.
- Care workers need to develop and use a range of communications skills effectively in their day to day work